

# First Aid For Parents

**Location:**

**Mothercraft Ottawa  
475 Evered Ave, Ottawa**

**Date Options:**

**January 11, 2020 9-11am (Sold out!)**

**February 11, 2020 6-8pm**

**March 14, 2020 9-11am**

**Cost:**

**\$35.00 + HST**

**Register at:**

**[nationalcapitalfirstaid.com](http://nationalcapitalfirstaid.com)**

This comprehensive 2-hour course offers easy to understand instructions on how to help your newborn or child in many different first aid and emergency situations.

**Included Topics:**

When to call 911

Choking Emergencies

CPR

Breathing Emergencies

Severe Allergic Reactions

Eye/Ear Injuries

Wound Care

Poisonings



Appropriate for anyone who wishes to further their skills in first aid and CPR as it applies to infants and children, this course follows the latest guidelines in First Aid and CPR and is taught by a Red Cross instructor.

Gain skill and confidence in responding to your child's medical emergencies!

National Capital First Aid  
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